



GENERAL
RETIREMENT
SYSTEM

RETIREE NEWSLETTER

Produced for retired members of The General Retirement System for Employees of Jefferson County Summer 2024

Why Designate a Power of Attorney?

At some time, you may want or need someone to deal with GRS on your behalf. You can do this by establishing a Power of Attorney (POA). A POA is a legal document that allows someone, of your choosing, to act on your behalf. You must decide who to appoint and what responsibilities you want to assign. Depending on how the POA is structured, it may be effective immediately, effective on a specific date, or effective following a specific event, such as your incapacitation.

Preparing a POA with the assistance of qualified legal counsel will allow you to create a legal document that is created specifically for your needs. If you do not currently have a POA, GRS has a POA form available on our website as a convenience to our members and retirees. This form is limited to GRS transactions and does not apply to any other matters.

GRS requires a copy of your POA to be on file with our office in order to ensure that the POA has the right to make changes such as updating your address or banking information. Having a POA on file at GRS allows us to respond to requests from the person named on the POA.

Information from Human Resources

If you are enrolled in the County's medical plan, you will continue to pay your current rates.

There will be no changes to premiums for October 1, 2024, to September 30, 2025.

Like last year, current plans will rollover automatically into the October 1, 2024 – September 30, 2025, plan year. If you need to terminate any of your current coverages, contact the Benefits Team at benefits@jccal.org. You can also call 205-325-5249 and select Option 4, but please note we will need your request to terminate coverage in writing. If you experience a Qualifying Life Event, be sure to contact the Benefits Team via phone or email within 30 days of the event.

Please note, retirees and/or their dependent spouses will lose coverage on the first day of the month in which they turn 65. Coverage for dependent children of retirees will end on the last day of the month in which they reach age 26. Retirees and/or their dependent spouses who are under the age of 65 and are eligible for Medicare because of your disability status, must report this status to Human Resources immediately upon notification from the Social Security Administration. If this applies to you, please email the Benefits Team at benefits@jccal.org or call 205-325-5249 and select Option 4.

Contacting GRS

We are available Monday through Friday,
8:00 a.m.—4:30 p.m.

Our number is (205) 784-4530. You can also
email us at questions@grsal.net or visit us
on the web at www.grsal.net.

Pension Board

Robert Field, Chairman

Robert Nolen, Jr., Member 2

Connie Harris, Member 3

Billy Morace, Jr., Member 4

Travis Hulse, Member 5

2024 Direct Deposit Payment Schedule

Thursday, August 22, 2024

Monday, September 23, 2024

Tuesday, October 22, 2024

Friday, November 22, 2024

Monday, December 23, 2024

The following individuals have not returned the 2024 contact update form and may have their benefit suspended. If you know one of the individuals listed below, please ask them to contact our office immediately.

| | | | |
|---------------------------|-----------------------|------------------------|--------------------------|
| Fred D Acoff | Scott W Burnett | Sernaylia Floyd | Howard A Hickey |
| Robert Stephen Akers | Evelyn J Burroughs | Linda J Fowler | Lawrence R Hicks |
| Barbara B Anderson | Karen W Bussey | Barbara A Franklin | Janice B Hightower |
| Katrina Andrews | Fred W Byers | Allen D Franklin | Kenneth W. Hogland |
| Marie B Armstrong | Sheryl Purdom Cambell | Hattie M French | Joan P Hollister |
| Diana M Armstrong | Cathy Carlisle | LaTangela Fuller | Larry D Hooks |
| Lucius L Ashworth | Margaret Carmichael | Hayes A Gannaway | Robert James Hopkins |
| Ann Elizabeth Atkinson | Mary L Chaffin | Charlie Garrison | Patricia Ann Howard |
| Annie Avery | Frieda Chambers | Lee C Gettings | Emory Hubbard |
| Helen M Bell | Teddie E Chambers | Charles E Gill | Matthew A Humphrey |
| John W Blackerby | Robert L Clayton | Roger W Gilliland | Glenda F Husband |
| Sondra D Blakenship | Bobby D Clayton | Donnie Glass | Sam Intraboona |
| Nancy Bonnett | Linda M Cofield | Patricia Eloise Glass | Jane Ivory |
| Richard L Borders | Charles J Colburn | Randy L Glass | Addie L Jackson |
| Sharon D Bowie | Gaynell T Cole | Timothy N Glover | Loretta Johnson |
| Darryl V Bowie | Angela Coleman | Carlotta Ann Godwin | Gwendolyn Johnson |
| Benjamin S Box | Cheryl S Collier | Vernon M Goodwin | Thomasina Johnson |
| Shirley A Boyd | Yvonne D Davis | Helen Granger | Jerry M Johnson |
| William Sandford Bradford | David C Davis | Denise Gregg | David S Jones |
| Billy W Brasher | Cheryl Rhea Deese | Sarah A Griswold | Shawn P Kelley |
| Phyllis D Brazel | Leland W Dement | Annie Doris Hall | Charlie Mae Kennedy |
| James T Brazzill | Mildred Densmore | Melvin Hall | Ronny J Kent |
| Sonya Breasseale | Donna Deramus | Patricia Ann Hammond | Alvin B Kimbal |
| Pamela B Brodie | Felix A Dickerson | Dwight M Hampton | Martha Sharon Sides King |
| David W Brown | Susan A Doering | Brenda Hardy | Shirley Langham |
| Malinda Denise Bryant | Joel M Elston | Terry W Harris | Andre Lassiter |
| Gwendolyn Bryant | Naomi Z Estell | Annie Jane Hatter | Judith R Lavies |
| Lori J Burgett | Joesphine H Farris | Carolyn Jones Healed | Ronald David |
| Karen Burks | Gregory A Fitts | Emma Ann Heard-Nesbitt | Annie K Levison |

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| Drummond M Liddell | Daryl Wayne | Villie Vaughn |
| Rickey Lindley | Deborah Sasser | William G Veitch |
| Paul M Logan | Marcia Scott | Jeanna Bratton Voudrie |
| Cecilia A Loggins | Mary B Sexton | Louise Wade |
| Josephus McClain | Carl A Shaneyfelt | Dwight L Waldrop |
| Vincent D Melton | James R Shaw | Luther B Walker |
| Glenda M Merchant | George M Sides | Cornelius Washington |
| Wilbert Miller | Charles Simpson | William Watford |
| James B Miller | Lora Ann Smith | Helen S Webb |
| Percy Mims | James Todd Smitherman | Darnelle T Wesley |
| Roy Dale Mobley | Alton E Snow | Brenda J Weststrate |
| Anita L Moore | Rose M Sparks | Lisa Whetstone |
| Rosie Moore | Karen Olivia Spooner | Karen L White |
| Betty J Mosley | William R Spurger | Christine White |
| Donald R Motley | Kevin Michael Spurlin | Margaret Ann V Whitt |
| Verna W Nadreau | Eloise Staples | Berdell Wilkerson |
| Jimmie Oliver | Lillian Stevenson | Cora L Williams |
| C Judith Parker | Fred S Stockley | Curtis D Williams |
| James E Proctor | Mintha A Stuckey | Corene M Williams |
| Bertrand D Ray | Inez Sullivan | Mary F Williams |
| Rejana Reynolds | Sandra K Tatum | Ollie M Williamson |
| Daniel G Reynolds | Darryl J Tavel | Linda W Willis |
| Sarah J Rhodes | Kay Elizabeth Taylor | Joe D Willoughby |
| Betty W Rice | Demetrius J Taylor | Willie M Wilson |
| Terry C Rich | Brenda B Thomas | Joslyn A Wilson |
| Madrene Y Roberts | Glenn Thomas | Henry C Word |
| Larry A Robinson | Sandra Thomas | Michael P Yarbrough |
| Edward Rohling | Roger Thompson | Clarence Youngblood |
| Ivory W Rollins | William P Thompson | Easter B Yow |
| Lemuel E T Rose | Martha A Trussell | Armantha A Zellander |
| Timothy E Rouse | Norma Tucker | Vita Joyce Zito |



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Have You Visited Our Website Recently?

GRS's website located at www.grsal.net offers simple site navigation, organized content, and pertinent information regarding your pension.

Here's what you can find with a few clicks:

- ◆ Access to MemberDirect
- ◆ Current and Past Newsletters
- ◆ Obtain Select Forms
- ◆ Frequently Asked Questions
- ◆ GRS Audit and Actuarial Reports

CHANGING BANKS?

If you make any changes to the account for your monthly Direct Deposit you need to notify us by the 5th of the month for the change to be effective for the month. This includes closing your account or changing banks. You can get a Direct Deposit form on our website, www.grsal.net, you can complete the change on your Members Direct Account, or we can send you a new Direct Deposit form to complete and return to our office. Please do not close your current account until you confirm that we have received your change. You only need to contact us if you have made a change.

Stay in Touch with GRS

When you move, don't forget to let us know your new address. Even if you get your benefit check deposited directly into your bank account, GRS may need to contact you with important information. Your benefits may be suspended if your mail is returned to GRS, so make sure you keep your address up to date. You must submit address changes in writing to GRS.